

## **LIFE Group Resources**

### Small Groups Studies

In order to better serve the Trinity church family, we have compiled a list of books, CDs or DVDs for small group resource studies. These small group resources can be used for a continuing LIFE Group or used to start a new LIFE Group. If you would like to take a closer look at any of these resources, please contact the church office at 931-537-9830. If you are interested in starting a new LIFE Group please fill out the application and return to the Information Center or the church office. If you have questions about small groups please contact Pastor Richard Farley at 931-537-9830 or Rose Brown via email at [rbrown@trinityalgood.com](mailto:rbrown@trinityalgood.com). Red indicates a new study.

### **Bible Studies**

#### **The Bait of Satan – Living Free From the Deadly Trap of Offense**

John Bevere

12 sessions (DVD/VHS)

The Bait of Satan exposes one of Satan's most deceptive snares—offense- to get you out of God's will. Jesus said, "It is impossible that no offenses will come" Luke 17:1. You will encounter offense, and it's up to you how you're going to let it affect your relationship with God. Your defense will determine your future. You can be delivered from the bait of Satan, stay free from offense and escape the victim mentality.

#### **Believing God – Experiencing a Fresh Explosion of Faith**

Beth Moore

10 sessions (DVD)

Do you take God at His Word believing what He has told us, or do you just believe in His existence and the salvation He offers? Based on Isaiah 43:10, *Believing God* explores what it means to believe God through studying the lives of Abraham, Moses, and others from Hebrews 11, as example of persons who believed God.

#### **Breaking Free-Making Liberty in Christ a Reality in Life**

Beth Moore

11 sessions (DVD)

This study will lead you through a study of the Scriptures to discover the transforming power of Christian freedom. Based on Isaiah 61:1-4, *Breaking Free* draws parallels between the captive Israelites and today's believers. Do you enjoy the abundant life God intended? God intends for you to know God and believe Him, glorify God, find satisfaction in God, experience God's peace, and enjoys God's presence.

### **Daniel – Lives of Integrity Words of Prophecy**

Beth Moore

12 sessions (DVD)

Just as the prophet Daniel faced unbelievable pressure to compromise his faith in a hostile culture and was constantly confronted by temptations and threats, today's believers face similar trials. This 12 session study can be used as one or two studies. The first portion from Daniel, chapters 1-6, deals with Daniel's life as he faced the kinds of pressures and temptations Christians encounter today. Daniel models how to develop enduring integrity in an enticing world. The second portion, chapters 7-12, explores thrilling prophecies from the time of Daniel through the second coming of Christ.

### **Full Flame**

Christ for all Nations

Reinhard Bonnke

8 sessions (DVD)

At a time when the church God intended to be a lifeboat for the lost often goes adrift as a pleasure craft, comes this passionate reminder of the fundamental function of Christianity, sharing the gospel of Jesus Christ. These sessions will challenge us in our personal responsibility to fulfill the Great Commission.

### **God's Master Plan for Your Life & Connecting with God's Master Plan for Your Life**

Gloria Copeland

10 sessions (CD/DVD/Workbook)

People everywhere are in need of help and healing for the whole person-spiritually, physically, financially, emotionally, and in relationships-spirit, soul and body. God has provided the answers to these needs in His Word and by His Spirit. Whatever your situation, these sessions will help set you on the path God intended just for you!

### **God is Closer than You Think**

John Ortberg

6 sessions (DVD)

Intimacy with God can happen right now-a closeness you can feel, a reality you can experience for yourself. God is closer than you think, and connecting with him isn't the exclusive domain of monks and ascetics. Everyone can enjoy a vibrant, moment-by-moment relationship with your heavenly Father.

### **Great Beginnings – Your First Small-Group Study**

Serendipity House

6 sessions (Books)

The first question that new small groups ask is, "Where do we begin?" This new Great Beginnings study is the answer. In these studies you will know one another's stories, resources, giftedness, passions, and needs in the first six weeks of doing life together.

### **John: God in the Flesh**

John 1-10

Understanding the Savior Series

Serendipity House

13 sessions (Book 1)

This in-depth Bible Study is on the first ten chapters of the book of John. Together we will learn to appreciate our Savior anew as we discover what it means that Jesus: came into the world as the Word made flesh; the calling of Jesus' first disciples; how Jesus continues today to take ordinary people ("water") and change us into new and exciting creations ("wine") and more.

### **John: The Passion of the Son**

John 11 – 21

Understanding the Savior Series

Serendipity House

8 sessions (Book 2)

This in-depth Bible Study is on the last ten chapters of the book of John. Together we will learn to appreciate our Savior anew as we follow his passionate earthly ministry to his suffering, death and glorious resurrection. In the second part of the book, the focus shifts to the disciples and Jesus' private ministry among them.

### **Live Long, Finish Strong**

#### **The Divine Secret to Living Healthy, Happy and Healed**

Gloria Copeland

8 sessions (Book/CD/DVD/Guidebook)

Gloria Copeland presents a scripturally sound program to show readers how to claim the promise of a long and blessed life. In this book, she reveals that through faith in, and focus on, the Word of God, people can be energized and renewed regardless of their chronological age.

### **Lord, I Want to Know You**

Kay Arthur

The "LORD" Series

17 sessions (Book/DVD)

So much of our confusion and pain results because we don't know God – who He really is, how He works in our lives. But with *Lord, I Want to Know You*, that will all change. When you know God more fully by studying His names – Creator, Healer, Protector, Provider, and many others – you'll gain power to stand strong. You'll find strength for times of trial, comfort for pain, and provision for your soul's deepest needs. And your walk with God will be transformed.

## **Overcoming Adversity – Insights into the Life of Joseph**

Gene Getz

Men of Purpose Series

12 sessions (Book)

Abused and sold into slavery by his brothers, Joseph could have lived a life filled with bitterness and hate. Instead, he stood on his faith in God to save him and eventually returned home in triumph to pardon those who wronged him. Disappointment can destroy a man, or placed in God's hands, turn him into more than he ever imagined.

## **Pure Praise-A Heart - Focused Bible Study on Worship**

Wayne Moore

9 sessions

Leading worship takes more than nailing a mean guitar riff. Worship leaders start with knowing *about* God...come to *know* God... then feel a deep desire to bring people to God-through worship. This study is for worship leaders, worship teams, and those who want to dive deeper into experiencing authentic worship.

## **Shoulder to Shoulder-Insights into the Life of the Apostles**

Gene Getz

Men of Purpose Series

12 sessions (Book)

They recklessly followed, denied, loved, and betrayed our Lord. Still, Jesus saw fit to call them his apostles and bestow on them the incredible responsibility of spreading the gospel throughout the world. Each one, a mosaic of backgrounds, experiences, personal strengths and weaknesses, stood shoulder to shoulder and ultimately became a band of brothers who would change the world.

## **The End of Time**

Revelation 1-12

Words of Faith Series

Serendipity House

13 sessions (Book 1)

The book of Revelation unveils future events and hidden mysteries of God. As you explore the first half of Revelation together, you will see a frightening preview of what awaits our world, as well as amazing glimpses of heaven and the glory that awaits Christ's followers.

### **The New Jerusalem**

Revelation 13-22

Words of Faith Series

Serendipity House

13 sessions (Book 2)

The second half of Revelation you will make the unpleasant acquaintance of two of Satan's servants, and watch as they perform their blasphemies against the kingdom of God, what it means to be "sealed" with God's name, and watch the Lord reap the harvest of mankind's wickedness and more.

### **The Kingdom, the Power, and the Glory – A Survey of the New Testament**

Christopher Gornold-Smith

11 sessions (VHS)

The course will help you understand the background and message of the New Testament; learn about the life of Jesus and the growth of the church; know God better and share with others the truths that are found in the New Testament and discover reasons why you can rely on the New Testament with complete confidence.

### **The Life You've Always Wanted**

John Ortberg with Stephen and Amanda Sorenson

6 sessions (DVD/VHS)

If you're tired of the status quo, if you suspect there's more to Christianity than what you've experienced, John Ortberg invites you to join him on a road to transformation and spiritual vigor that anyone can take; cultivate new intimacy and confidence in prayer; discover the freedom of secrecy; taste the benefits of slowing life's frenetic pace and learning how to be guided by the Holy Spirit.

### **The Miracles of Jesus**

Understanding the Savior Series

Serendipity House

13 sessions (Book)

The greatest phenomena ever recorded are documented in your Bible. If we had a newspaper from Jesus' three miraculous years some of the headlines might read: "Wedding Reception Turns to Wild Celebration," "Guest Turns H2O into Wine," "Sisters Amazed: Brother Deceased Yesterday, Alive Today." The miracles of Jesus are the difference between believing and not believing. Jesus proved who He was by accomplishing the impossible.

### **The Patriarchs – Encountering the God of Abraham, Isaac, and Jacob**

Beth Moore

11 sessions (DVD)

Explore with Beth Moore such concepts as blessing, covenant, and promise. See how they affect our lives as New Testament believers. Get to know the individuals and families God used to birth His redemptive plan. See a

perfect and holy God endure in His relationship with man, at his best and at his weakest and worst. Full of twists and turns, ruin and redemption, revelation and mystery, this in-depth study of Genesis 12-15 will keep you captivated by the God who stars in it.

### **The Way of the Master – Seek and Save the Lost the Way Jesus did**

Kirk Cameron/Ray Comfort

8 sessions (DVD)

This eight-session course will teach you to overcome your fears by using a proven, powerfully effective way to make the gospel make sense. You won't be at a loss for words. You'll learn the forgotten biblical principle of bypassing the intellect (the place of argument) and speaking directly to the conscience (the place of the knowledge of right and wrong) the way Jesus did.

### **When Godly People Do Ungodly Things – Arming Yourself in the Age of Seduction**

Beth Moore

7 sessions (DVD)

In these sessions you will hear a message of warning, protection and restoration. Best-selling author Beth Moore examines how committed Christians can fall into the traps of Satan. What does the Bible have to say about Satan's seductive activity, temptation, and becoming an overcomer?

## **Children Small Group Solutions**

### **13 Very Cool Stories and Why Jesus Told Them**

Standard Publishing

13 sessions (Book)

The adults are here for LIFE Group. But what do we do with the kids? Relax- we've got you covered. Just add one adult or teenager leader to these easy-to-lead sessions to keep kids engaged, entertained, and growing in their faith! They will meet a lost and found son, a rich fool, disgruntled vineyard workers, a pretty Good Samaritan, and many more memorable characters. Along the way kids will discover the eternal truths Jesus wrapped in those stories!

### **13 Very Bad Days and How God Fixed Them**

Standard Publishing

13 sessions (Book)

The adults are here for LIFE Group. But what do we do with the kids? Relax- we've got you covered. Just add one adult or teenager leader to these easy-to-lead sessions to keep kids engaged, entertained, and growing in their faith! They will see how God worked in the lives of Noah, Daniel, Mary, Lazarus, Stephen, and many more memorable characters. Along the way kids will discover the same God of long ago watches over them-and he knows how to fix their very bad days too!

## **Christian Parenting Studies**

### **Correction – The Bible Study Extraordinary Ideas for Everyday Discipline**

Lisa Whelchel

6 sessions (DVD)

Lisa Whelchel-best known for her role as Blair on the television sit com *Facts of Life*-offers a variety of creative ideas to help moms when time out and taking things away from their children seem to have lost their effectiveness. Lisa ideas are fresh, but they are based on God's Word, the final word on discipline.

### **Parenting Your Teenager**

Drs. Les & Leslie Parrott

6 sessions (DVD)

Identify questions, emotional turmoil, and rebellion: Welcome to the teenager's world. This study will equip moms and dads to recognize common patterns, plan effective strategies, and build character.

### **Roots to Grow Wings to Fly – The Fundamentals of Christian Parenting**

Bob Kraning

12 sessions (VHS)

It's often stated that experience is the best teacher. When it comes to parenting, Bob Kraning speaks from a wealth of practical, on-the-job experience, as he draws on his years as a father, husband and Bible teacher to present valuable parenting insights for Christian families. Some of the topics discussed are mentoring in the home, laughing and having fun with your children and "encouragement" the great motivator.

### **Smart Discipline**

Larry J. Koenig, PhD

7 sessions (VHS)

The Smart Discipline System addresses the seven issues that concern parents the most: disrespectful language, fighting and bickering, morning and bedtime hassles, interrupting, homework hassles, procrastination and messy rooms. This simple system, used by millions of parents to help children ages three to 16; follows the rules at home and at school.

### **Wisdom for Mothers**

Denise Glenn

10 sessions (DVD)

Wisdom for Mothers, practical Biblical lessons based on Proverbs 31, will help you and the ladies in your group find Biblical answers to your important questions about marriage, your children, your work and ministry.

## **Marriage Studies**

### **FIREPROOF Your Marriage**

Outreach Ministry

6 sessions (DVD)

*Fireproof Your Marriage* is founded on Biblical principles for strong, God-centered, lifelong marriages. You'll be issued a challenge, too – to love first, to love better and to love for a lifetime. Come take the dare!

### **Is God in Your Marriage?**

Leo Godzich

12 sessions (Book & Workbook)

Most people spend more time planning their wedding than they do their marriage. The principles that will make a marriage strong, enduring and fun, are easy to identify and a challenge to implement. The good news is that God's plan works...if you work God's plan. In these sessions God's wisdom comes alive with practical application that will make your marriage blessed, and a blessing to others, and to God Himself. Get ready! You, your spouse, your family and those around you will never be the same!

### **Love Busters – Overcoming Habits That Destroy Romantic Love**

Willard F. Harley, Jr.

17 sessions (CD)

Are you losing the "chemistry" you once had? Is sex becoming a burden? Do you bring out the worst in each other? Are you arguing a lot more lately? Are you growing apart?

Marriage expert Dr. Willard Harley identifies six Love Busters that pull marriages apart and shows how you and your spouse can learn to avoid them. The strength of your marriage depends on the passion you share for each other. So stop destroying your feeling of love and discover, instead, how to build your love with care and with time.

### **Some Assembly Required – Instructions for an Amazing Marriage**

Tommy Nelson

6 sessions (Book)

Marriage and family are more vital and relevant than ever in our culture. *Home still works!* Marriage takes work, but it's worth the effort. As you participate in this study, you will connect with other couples while at the same time strengthen your marriage relationship.

### **Turning Up the Heat – Rekindle Romance and Passion**

Tommy Nelson

6 sessions (Book)

God intended marriage to be romantic, passionate, and intimate. He wants us to experience more and that makes us hopeful. Wouldn't it be great if that were true in more marriages? Why isn't it? Everyone agrees that romance and sex are some of the most important areas in marriage.

## **Men's Studies**

### **A Look at Life from a Deer Stand – Hunting for the Meaning of Life**

Steve Chapman

15 sessions (Book)

This book will bring back fond memories for every reader who is a hunter, from the first deer to the last. More importantly, however, it puts in proper perspective our relationship with nature, our friends, our family, and ultimately, with the One who created the magnificent white-tailed deer.

### **C'Mere Deer Whitetail Camp – Spiritual Outdoor Adventures**

Jimmy Sites and Jonathan Sites

4 sessions (DVD)

The most one-of-a-kind hunting buddies in the whole world are dads and their boys, learning the ways of the wild together while doing what they love the most. See these father-son duos make some unforgettable memories and learn some inspiring life lessons.

### **Wild at Heart**

John Eldredge

8 sessions (VHS)

Think back to your boyhood. Remember the boyhood dreams that had you tracking dangerous villains, swinging swords, and storming the castle? Adventure is what God planned for you. John Eldredge invites you to join him in this passionate, daring, and wild at heart video series and to discover how men across the country are recovering their masculinity, as God designed it.

### **The Driving Force – Living Life at Full Speed**

Karl Leuthauser

6 Sessions

Gentlemen, start your engines... and live the life that matters most! *A life of purpose, of power, and of passion. A life like that lived by NASCAR champion Kyle Petty.* In these six 1-hour sessions, Kyle Petty shares with your men's group the lessons it's taken him a lifetime – and more than 850 NASCAR races – to learn. You'll discover how to focus your ambition so you win where it matters most, find purpose in a crowded, pressure-packed world, survive losses without bitterness or regret, serve others in ways that endure, and experience life beyond yourself through Jesus Christ.

## **Singles or Young Adults Studies**

### **The Power of Passion – Applying the Love of Christ to Dating Relationships**

Rob Eagar

8 sessions (DVD)

Do you struggle to find a fulfilling, romantic relationship? Do you wonder if Christianity has any relevance to your dating life? Through personal stories and scriptural application, learn how the love of Jesus Christ applies to dating issues, such as: choosing whom to date, resisting sexual temptation, guarding your heart from a premature commitment, discerning character and dealing with singleness.

### **RPMs-Recognizing Potential Mates**

Ed Young

6 sessions (Book)

Whether you're a single adult, a student, or a parent, this creatively driven, small group study will provide foundational principles on how to date and select a mate God's way. We're going to cruise past the cultural myths and embark on a supercharged ride to the relational destination that God has uniquely chosen for you.